

ASSEMBLY AND CALL ROOM PROCEDURES

FRIDAY - 27.09.2024			
Event	Call Room Times		Event Start
Hammer Throw W45+	07:30	07:40	08:00
Shot Put M75+	08:15	08:25	08:45
5000m W60+, M85+	08:25	08:35	08:45
Pole Vault W, M	08:40	08:50	09:30
5000m M70-80	09:10	09:20	09:30
5000m W35-55	09:40	09:50	10:00
Javelin Throw W55+	09:45	09:55	10:15
Shot Put M40	09:50	10:00	10:20
Hammer Throw M60,65	10:05	10:15	10:35
5000m M65	10:15	10:25	10:35
5000m M60	10:40	10:50	11:00
Shot Put M35,45	11:00	11:10	11:30
5000m M50,55	11:10	11:20	11:30
High Jump W60+, M70+	11:30	11:40	12:00
5000m M40	11:40	11:50	12:00
5000m M35,45	12:05	12:15	12:25
Shot Put M50,55	12:15	11:25	12:45
Hammer Throw M70+	12:30	12:40	13:00
400m Hurdles M35-45	12:40	12:50	13:00
400m Hurdles M50,55	12:55	13:05	13:15
400m Hurdles W45	13:10	13:20	13:30
Shot Put M60	13:10	13:20	13:40
300m Hurdles W50,55	13:20	13:30	13:40
300m Hurdles M60,65	13:25	13:35	13:45
High Jump W35-55, M60,65	13:30	13:40	14:00
300m Hurdles M70,75	13:45	13:50	14:00
200m Hurdles M80+	14:00	14:10	14:20
100m W75+	14:40	14:50	15:00
100m W60-70	14:45	14:55	15:05
High Jump M50,55	14:45	14:55	15:15
100m W50,55	14:50	15:00	15:10
100m W35-45	14:55	15:05	15:15
Hamer Throw M50,55	15:00	15:10	15:30
100m M70+	15:10	15:20	15:30
100m M65	15:20	15:30	15:40
100m M60	15:25	15:35	15:45
Shot Put M65	15:30	15:40	16:00
100m M55	15:40	15:50	16:00
100m M50	15:50	16:00	16:10
100m M45	15:55	16:05	16:15
100m M35,40	16:05	16:15	16:25
High Jump M35-45	16:10	16:20	16:40

Hammer Throw M35-45	16:15	16:25	16:45
800m W60+	16:20	16:30	16:40
800m W45-55	16:25	16:35	16:45
800m W35,40	16:30	16:40	16:50
Javelin Throw W35-50	16:30	16:40	17:00
800m M75+	16:40	16:50	17:00
800m M65,70	16:50	17:00	17:10
800m M60	17:00	17:10	17:20
Shot Put M70	17:00	17:10	17:30
800m M55	17:10	17:20	17:30
800m M45,50	17:15	17:25	17:35
800m M35,40	17:20	17:30	17:40
Relay 4x100m W	17:30	17:40	17:50
Relay 4x100m M	17:40	17:50	18:00

SATURDAY – 28.09.2024			
Event	Call Room Times		Event Start
Discus Throw W70+, M80+	07:30	07:40	08:00
5km Walk W	07:55	08:05	08:15
Long Jump W60+, M75+	08:30	08:40	09:00
Javelin Throw M70+	08:30	08:40	09:00
5km Walk M65+	08:40	08:50	09:00
Discus Throw W55-65	09:00	09:10	09:30
5km Walk M35,60	09:25	09:35	09:45
Long Jump M65,70	10:00	10:11	10:30
Diskus Throw W35-50	10:15	10:25	10:45
400m W35,40	10:25	10:35	10:45
400m W45,50	10:30	10:40	10:50
Javelin Throw M60,65	10:30	10:40	11:00
400m W55,60	10:35	10:45	10:55
400m W65+	10:40	10:50	11:00
400m M35	10:55	11:05	11:15
400m M40	11:00	11:10	11:20
Weight M55	11:00	11:10	11:30
400m M45	11:05	11:15	11:25
400m M50	11:10	11:20	11:30
400m M55	11:15	11:25	11:35
Diskus Throw M35-45	11:15	11:25	11:45
400m M60	11:25	11:35	11:45
400m M65	11:30	11:40	11:50
400m M70	11:35	11:45	11:55
Long Jump W35-55	11:35	11:45	12:05
400m M75	11:45	11:55	12:05
400m M80+	11:50	12:00	12:10
110m Hurdles M40	12:10	12:30	12:40
100m Hurdles M50	12:30	12:40	12:50
100m Hurdles M55	12:35	12:45	12:55
100m Hurdles W35	12:50	13:00	13:10
100m Hurdles M60	12:55	13:05	13:15
100m Hurdles M65	13:00	13:10	13:20
Long Jump M35,40	13:05	13:15	13:35
Discus Throw M50,55	13:05	13:15	13:35
80m Hurdles W40,45	13:15	13:25	13:35
Javelin Throw M35-45	13:20	13:30	13:50
80m Hurdles W50,55	13:25	13:35	13:45
80m Hurdles M70	13:30	13:40	13:50
80m Hurdles M75	13:35	13:45	13:55
80m Hurdles W60+	13:45	13:55	14:05
80m Hurdles M80+	13:50	14:00	14:10
1500m M35,40	14:10	14:20	14:30

1500m M45	14:20	14:30	14:40
1500m M50	14:30	14:40	14:50
Long Jump M45,50	14:30	14:40	15:00
1500m M55	14:40	14:50	15:00
Discus Throw M60,65	14:40	14:50	15:10
1500m M60	14:50	15:00	15:10
1500m M65,70	15:00	15:10	15:20
1500m M75+	15:10	15:20	15:30
1500m W35-50	15:25	15:35	15:45
Javelin Throw M50,55	15:25	15:35	15:55
1500m W55,60	15:35	15:45	15:55
1500m w65+	15:45	15:55	16:05
Long Jump M55,60	15:45	15:55	16:15
2000m Steeplechase W, M70+	16:00	16:10	16:20
2000m Steeplechase M60,65	16:20	16:30	16:40
Discus Throw M70,75	16:30	16:40	17:00
3000m Steeplechase M40,45	16:40	16:50	17:00
3000m Steeplechase W, M70+	17:00	17:10	17:20

SANDAY - 29.09.2024			
Event	Call Room Times		Event Start
Triple Jump M70+	07:30	07:40	08:00
Weight W, M80+	07:30	07:40	08:00
3000m M35,40	08:10	08:20	08:30
3000m M45,50	08:30	08:40	08:50
3000m M55	08:50	09:00	09:10
Triple Jump W40+	09:00	09:10	09:30
Weight M35-50	09:00	09:10	09:30
3000m M60	09:10	09:20	09:30
Shot Put W60,65	09:10	09:20	09:40
3000m M65+	09:30	09:40	09:50
3000m W35-55	09:50	10:00	10:10
3000m W60+	10:10	10:20	10:30
Triple Jump M60,65	10:30	10:40	11:00
Shot Put W50,55	10:30	10:40	11:00
Weight M60,65	10:35	10:45	11:05
200m W65+	10:40	10:50	11:00
200m W55,60	10:45	10:55	11:05
200m W50	10:50	11:00	11:10
200m W45	10:55	11:05	11:15
200m W35,40	11:00	11:10	11:20
200m M80+	11:05	11:15	11:25
200m M75	11:10	11:20	11:30
200m M70	11:15	11:25	11:35
200m M65	11:25	11:35	11:45
200m M60	11:35	11:45	11:55
Shot Put W35,45	11:35	11:45	12:05
200m M55	11:45	11:55	12:05
Triple Jump M35-45	11:45	11:55	12:15
200m M50	11:55	12:05	12:15
200m M45	12:05	12:15	12:25
Weight M70,75	12:05	12:15	12:35
200m M40	12:15	12:25	12:35
200m M35	12:25	12:35	12:45
Shot Put M70,75	12:30	12:40	13:00
Triple Jump M50,55	12:40	12:50	13:10
Balkan Relay W	12:50	13:00	13:10
Balkan Relay M	13:10	13:20	13:30